



November Calendar

12 - 1 PM

**Nutrition Class: One Pot Meal
w/Food Tasting**

@PDC DEN / Health Science Lab



11:30 - 2 PM

**Harvest of the Month:
Green Beans Tasting**

@SMSU Amphitheater



12 - 1 PM

**Nutrition Class: Quick and
Energizing Snacks
w/Food Tasting**

@Basic Needs Center

